

Terms & Conditions for Vånga Mountain Xtreme (VMX)

1) ORGANISER

FK Göingarna, organisation number 838200-5497. Tågaröd 1180, 289 71 Sibbhult.

Email: info@vmxtreme.se

2) THE COMPETITOR

The person in question who has entered Vånga Mountain Xtreme (VMX)

3) THE RACE

The competitors move without special assistance along the marked trail, largely along the Vångaberget Trailcenter's MTB paths. The competitors may not receive help from outsiders, with the exception of race officials. Deviations from the marked trail lead to disqualification. The race organisers have received permission to hold the race along the marked trails with permission from the relevant land owners. The race organisers reserve the right to adjust the course route during the time until the event is held. The start takes place as a mass start - all competitors who compete in the same class start at the same time. The person who crosses the finish line first in each class wins. The race takes place in the following classes, VMX 300-8k Women, VMX 300-8k Men, VMX 600-16k Women, VMX 600-16k Men, VMX 1500-40k Women, VMX 1500-40k Men.

4) EQUIPMENT

Mandatory equipment: Race number.

We recommend all runners to wear clothes and shoes adapted to weather and wind conditions. Shoes with good grip (e.g. trail shoes) are recommended by the organiser.

5) TIMING

Timing starts at a common start signal and the competitor's finish time is obtained when the competitor has crossed the finish line. Intermediate time is available for multi-lap classes (applies to the classes VMX 600-16k and VMX 1500-40k). The official results list will be presented on www.vmxtreme.se after the finish. For details about maximum time and so on, look at the homepage.

6) RESPONSIBILITY

The competitor participates in Vånga Mountain Xtreme at their own risk. We can therefore not be held responsible if you injure yourself or if your clothes or equipment are damaged during the race. Race insurance is not included in the entry fee, review your insurance coverage! We recommend "Startklar" (a Swedish insurance). - The competitors must know the rules and follow them. - There is an obligation to help competitors or others who are in need, to the best of your ability. Competitors must follow the race official's directions and any reprimand. - If competitors are forced to break the race, this must be notified to an official without delay. Littering along the course is strictly prohibited. Rubbish may be thrown in the trash at the drinks stations.

7) ENTRY

Entry to Vånga Mountain Xtreme is binding. In the event of illness or injury that results in a cancellation, no entry fee will be refunded. Registration can be transferred to another runner up to 3 days before the start at a cost of 100 SEK. By registering, you agree that your name, home town, club, start number, age, photos / film from the race, start and finish time are published on the Internet and in other media.

8) RULES

The race rules must be followed by competitors; violations of these lead to disqualification. The regulations are followed up by a designated jury. The jury consists of the Race organizer and two other people from the organization. The jury handles any protests, their decision can not be appealed. If the regulations have shortcomings, the jury can make decisions based on

customary practice in "adventure races" of this kind. The jury's decision against competitors may lead to disqualification or possibly time penalty for minor offences. (Minor offence leads to at least 15 min extra time). Any protest must be submitted in writing to the jury no later than 45 minutes after the finish. By paying the entry fee, the competitors have accepted the race rules.

9) SAFETY

The competitor is responsible for their own safety. Officials can prevent participants from continuing the race if they are considered to be so tired that their own safety is in danger and / or that the maximum time will not be met.

10) MEDIA, INTERNET PUBLICATION

Competitors give their consent for photos taken by the race organization or by the press to be used in the race's marketing and in the media. Number tags may not be cut or folded so that any sponsors' logos are not exposed in the intended manner. By registering, you agree to receive newsletters from Vånga Mountain Xtreme. You can choose to unsubscribe from these at any time.

11) CANCELLED OR MOVED RACE

We reserve the right to cancel the race or change the race's course, change the date / start time for completion and / or change other conditions and conditions regarding the completion of the race; a) due to circumstances beyond our control, including but not limited to natural disaster, war, pandemic or other serious spread of disease, government action or omission, new or amended legislation, labour dispute, blockade, fire, flood, major accident or comparable event. b) if we or an authority deems this to be necessary for your and other participants' safety or health.

We have no obligation to refund the registration fee to you or to pay damages or other compensation in the event that the race is moved, changed concerning its form, or has to be cancelled due to a situation according to point a) - b) above.